



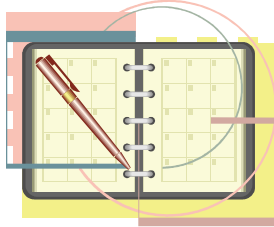
The Black Bear News

www.des.deerfield.ma.us

413.665.1131

January 15, 2010

Deerfield Elementary School promotes the joys of life long learning for everyone.



Important Dates

January

- 15: MLK Assembly
- 18: MLK Day: **NO SCHOOL**
- 25: PTA General Meeting, 6:30 pm, cafe
- 27: Report Cards to be sent home
- 28-29: Teacher In Service Days: **NO SCHOOL**

February

- 15-19: Winter Recess (No School)
- 22: PTA Board Meeting, 6:30 pm, café

A NOTE FROM THE PRINCIPAL

Happy New Year!

I want to thank all our students, staff and faculty for all their hard work during the first half of our school year. Day 90 is approaching!

A message to all our families:

Big Y and Valley Communications has partnered together with DES to bring SmartBoard Technology to Deerfield. Every time you shop, Deerfield receives points. Every time we accumulate 2.3 million points we're eligible to receive a FREE SmartBoard. Our first SmartBoard is in the mail and we are close to receiving our second. Please visit your nearest Big Y and sign up to help our school bring the very best technology into our classrooms!

Thank you for your continuous support!!

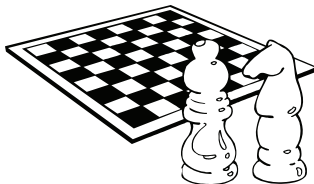
Kevin Kelly



Attention Grade 3-6 Parents...

A friendly reminder from Mr. B. to make sure your child has the appropriate clothing (boots, gloves, coat, hat, etc.) for Gym class. Weather permitting, classes will be spending their Gym period outside snow shoeing. Snow pants are not required; however, **a spare pair of pants should be sent in with your child in case they get wet.** Thank you for helping to make this program a class wide activity. **Mr. B is asking for donations of Beanie Babies!**

**Report Cards will
be sent home
Wed., JAN 27th.**



Chess Club for Grs 3-6

Chess Club times and dates :
1/25, 2/1, 2/22, 3/1, 3/8

- **Grades k-2 will take place in the spring**
- **A sign up form will be sent home next week!**



Brain Health

A Word about Brain Health! Dr Daniel Amen, a nationally recognized Neuroscientist suggests we honor, protect and cherish the most important organ in the human body...your Brain!!!

▪ **Sleep** - Minimum for adults...7 hours **Children.....8 to 10**

▪ **Diet** - Your brain is 2% of your body weight but your brain consumes 20 - 30 % of the calories that you eat. Pay close attention to what your child eats for breakfast: a balanced breakfast impacts attention, memory and energy levels!

▪ **Exercise** is critical to brain health...be active and have fun doing it!

▪ **Life long learning...its a FACT.....that learning is healthy for the brain!!**

▪ **Limit** the amount of hours watching **TV** or playing **video games!**

Opportunities to Help...

An Urgent Call to Action!!!

The Sixth Grade Classes are currently collecting funds to aid UNICEF in the earthquake disaster relief in Haiti. PLEASE Feel free to contribute any amount you can; no amount is too Small! Containers will be set up in each classroom in the school. We would like to get the monies to Haiti as quickly as possible and We do have a deadline of January 29th. Thank you all in advance! (We also have a container in the office). *Your help can make a difference...*

A reminder to families.....

It is that time of year when there are many mittens, boots, jackets, hats, scarves, etc. that are lost. We suggest that items of clothing are marked with identification to aid us in returning these items.

14th Annual Writing Fair ● Tuesday, March 9th ● 5-8pm

Deadline for entries is February 12, 2010

Look for flyers to come home about the 14th Annual Writing Fair. Complete directions are included. If you have additional questions, you can go on our website or you can visit the Tilton Library to speak w/ the Children's Librarian, Julie Cavacco. You may also call her at home 665-3318. Julie is also looking for volunteers to help!!!